

## 2023 Sunflower State Games 5K-10K

Race Date  
July 09, 2023

Overall Finish List**10K****Female**

| <u>Overall</u> | <u>Name</u>       | <u>City</u> | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|-------------------|-------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 1              | Beth Allen        | Lawrence KS | 342           | 41         | F           | 1: 40-44        | 50:23.7     | 8:08/M      |
| 2              | Pam Clark         | Meriden KS  | 351           | 60         | F           | 1: 60-64        | 1:02:12.0   | 10:02/M     |
| 3              | Abby Smith        | Topeka KS   | 382           | 36         | F           | 1: 35-39        | 1:05:30.4   | 10:34/M     |
| 4              | Megan Hochstedler | Topeka KS   | 251           | 37         | F           | 2: 35-39        | 1:05:31.5   | 10:34/M     |
| 5              | Heather Hirst     | Topeka KS   | 362           | 38         | F           | 3: 35-39        | 1:05:31.8   | 10:34/M     |
| 6              | Sally Kennett     | Lawrence KS | 366           | 81         | F           | 1: 80-99        | 1:12:13.8   | 11:39/M     |
| 7              | Ella Allen        | Provo UT    | 343           | 19         | F           | 1: 15-19        | 1:15:46.4   | 12:13/M     |
| 8              | Sherry Hobson     | To KS       | 363           | 79         | F           | 1: 70-79        | 1:28:38.0   | 14:18/M     |

**Male**

| <u>Overall</u> | <u>Name</u>   | <u>City</u>   | <u>Bib No</u> | <u>Age</u> | <u>Gend</u> | <u>AG Place</u> | <u>Time</u> | <u>Pace</u> |
|----------------|---------------|---------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 1              | Myckael Riley | Topeka KS     | 378           | 38         | M           | 1: 35-39        | 43:21.0     | 7:00/M      |
| 2              | Luke Wiens    | Topeka KS     | 386           | 42         | M           | 1: 40-44        | 44:52.4     | 7:14/M      |
| 3              | Kyle Kuhn     | Topeka KS     | 368           | 29         | M           | 1: 25-29        | 46:07.2     | 7:26/M      |
| 4              | Neal Farron   | Topeka KS     | 357           | 63         | M           | 1: 60-64        | 46:46.7     | 7:33/M      |
| 5              | Adam Childs   | Topeka KS     | 349           | 28         | M           | 2: 25-29        | 47:47.4     | 7:42/M      |
| 6              | Trenton James | Topeka KS     | 365           | 46         | M           | 1: 45-49        | 50:03.3     | 8:04/M      |
| 7              | Eric Ives     | Topeka KS     | 364           | 59         | M           | 1: 55-59        | 1:07:12.0   | 10:50/M     |
| 8              | Kevin Brown   | Topeka KS     | 396           | 66         | M           | 1: 65-69        | 1:08:54.9   | 11:07/M     |
| 9              | Brad Clark    | Meriden KS    | 350           | 62         | M           | 2: 60-64        | 1:09:25.5   | 11:12/M     |
| 10             | Mike Eamigh   | Carbondale KS | 355           | 38         | M           | 2: 35-39        | 1:09:42.8   | 11:15/M     |
| 11             | Les Watson    | Topeka KS     | 385           | 75         | M           | 1: 70-79        | 1:31:10.8   | 14:42/M     |

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Overall Finish List

## 5K

## Female

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|----------------|--------------------------|------------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 1              | Ryin Miller              | Topeka KS        | 372           | 15         | F           | 1: 15-19        | 20:17.5     | 6:33/M      |
| 2              | Jordyn Picolet           | Council Grove KS | 377           | 18         | F           | 2: 15-19        | 21:14.3     | 6:51/M      |
| 3              | Twila Murray             | Garden City KS   | 375           | 14         | F           | 1: 13-14        | 22:11.3     | 7:09/M      |
| 4              | Alaina Akins             | Burlington KS    | 341           | 11         | F           | 1: 11-12        | 23:07.9     | 7:28/M      |
| 5              | Kaitlyn Shoemaker        | Topeka KS        | 381           | 26         | F           | 1: 25-29        | 23:21.7     | 7:32/M      |
| 6              | Whitney Briggs           | Reading KS       | 345           | 37         | F           | 1: 35-39        | 29:49.1     | 9:37/M      |
| 7              | Sarah McCabe             | Berryton KS      | 370           | 32         | F           | 1: 30-34        | 29:59.5     | 9:41/M      |
| 8              | Haley DaVee              | Topeka KS        | 352           | 41         | F           | 1: 40-44        | 32:28.8     | 10:29/M     |
| 9              | Lindsay Halderman        | Topeka KS        | 361           | 39         | F           | 2: 35-39        | 32:51.7     | 10:36/M     |
| 10             | Sharron Ranoul           | Topeka KS        | 400           | 62         | F           | 1: 60-64        | 33:07.9     | 10:41/M     |
| 11             | Joanie Starks            | Lawrence KS      | 393           | 70         | F           | 1: 70-79        | 33:40.9     | 10:52/M     |
| 12             | CAE Wood                 | Pittsburg KS     | 388           | 12         | F           | 2: 11-12        | 34:43.3     | 11:12/M     |
| 13             | Shailya Brown            | Topeka KS        | 397           | 11         | F           | 3: 11-12        | 34:56.3     | 11:16/M     |
| 14             | Amanda Finch             | Topeka KS        | 358           | 38         | F           | 3: 35-39        | 35:37.2     | 11:29/M     |
| 15             | Angelique Morales Campos | Topeka KS        | 399           | 11         | F           | 4: 11-12        | 36:14.5     | 11:41/M     |
| 16             | Eva Yerkes               | Topeka KS        | 391           | 39         | F           | 4: 35-39        | 36:16.5     | 11:42/M     |
| 17             | Anna Schrempp            | Topeka KS        | 380           | 40         | F           | 2: 40-44        | 36:26.4     | 11:45/M     |
| 18             | Kristi Carter            | Tecumseh KS      | 347           | 42         | F           | 3: 40-44        | 36:32.7     | 11:47/M     |
| 19             | GAIL KOZLINSKI           | Topeka KS        | 367           | 55         | F           | 1: 55-59        | 40:05.9     | 12:56/M     |
| 20             | Katheen Dultmeier        | Topeka KS        | 354           | 52         | F           | 1: 50-54        | 53:16.0     | 17:11/M     |
| 21             | Robin Wood               | Pittsburg KS     | 390           | 58         | F           | 2: 55-59        | 57:43.0     | 18:37/M     |

## Male

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|----------------|------------------|-----------------|---------------|------------|-------------|-----------------|-------------|-------------|
| 1              | Christian Osborn | Topeka KS       | 376           | 30         | M           | 1: 30-34        | 18:35.1     | 6:00/M      |
| 2              | Evan Carter      | Tecumseh KS     | 346           | 15         | M           | 1: 15-19        | 18:42.7     | 6:02/M      |
| 3              | Logyn Evans      | Wamego KS       | 356           | 14         | M           | 1: 13-14        | 19:43.8     | 6:22/M      |
| 4              | Shawn Sass       | Easton KS       | 379           | 45         | M           | 1: 45-49        | 20:48.2     | 6:43/M      |
| 5              | Apostolo Zuniga  | Topeka KS       | 392           | 21         | M           | 1: 20-24        | 21:50.2     | 7:03/M      |
| 6              | Jared Allen      | Lawrence KS     | 344           | 46         | M           | 2: 45-49        | 22:11.3     | 7:09/M      |
| 7              | Todd Lowe        | Topeka KS       | 291           | 58         | M           | 1: 55-59        | 22:19.2     | 7:12/M      |
| 8              | Ethan Koci       | Auburn KS       | 254           | 13         | M           | 2: 13-14        | 22:24.2     | 7:14/M      |
| 9              | Adrian Stamper   | Garden City KS  | 384           | 17         | M           | 2: 15-19        | 22:36.5     | 7:18/M      |
| 10             | Nick Gardner     | Topeka KS       | 360           | 33         | M           | 2: 30-34        | 22:52.2     | 7:23/M      |
| 11             | Dan Mrridith     | Topeka KS       | 394           | 60         | M           | 1: 60-64        | 23:43.1     | 7:39/M      |
| 12             | Parker Abbott    | Topeka KS       | 340           | 32         | M           | 3: 30-34        | 23:52.3     | 7:42/M      |
| 13             | Mario Martinez   | Independence MO | 395           | 64         | M           | 2: 60-64        | 24:55.8     | 8:03/M      |
| 14             | Shane Carter     | Tecumseh KS     | 348           | 44         | M           | 1: 40-44        | 26:24.5     | 8:31/M      |
| 15             | Cory Murray      | Garden City KS  | 373           | 43         | M           | 2: 40-44        | 28:53.8     | 9:19/M      |
| 16             | Cody Miller      | Topeka KS       | 371           | 11         | M           | 1: 11-12        | 29:09.7     | 9:24/M      |
| 17             | Lon Stanton      | Topeka KS       | 398           | 77         | M           | 1: 70-79        | 35:25.0     | 11:25/M     |
| 18             | Clay Lang        | Topeka KS       | 369           | 84         | M           | 1: 80-99        | 41:46.6     | 13:29/M     |
| 19             | Donald Death     | Lawrence KS     | 353           | 74         | M           | 2: 70-79        | 47:44.7     | 15:24/M     |
| 20             | Robert Wood      | Pittsburg KS    | 389           | 60         | M           | 3: 60-64        | 57:49.4     | 18:39/M     |